



Health  
Matters

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# More Than a Word

**Tuesday, May 14**

**Memorial Room, Main Library**

**7:00 PM**



**FREEING THE HEART: A** Reprieve from Cancer, Writing, Relationships and Other Side Effects is a conversation meant to bring people together to speak and write about cancer. David's father died from prostate cancer thirty years

ago and it tore his family apart because they did not know how to express themselves or deal with the disease. He kept a journal when discussion was inadequate or it provoked emotions that eliminated constructive conversation. Now he approaches this important and delicate topic from a dual point of view because he was diagnosed with the early stages of prostate cancer in November, 2011. What he needed then is what he's offering now. Please join him in the conversation.

*David L. Meth is an educator, novelist and award-winning playwright who has been produced nationally and internationally. He often writes on multicultural themes about people caught between cultures. His play 9/12 won the 2008 Peace Writing International Award, and in 2009, he received Artistic Fellowship from the State of Connecticut for his play, TO THE DEATH OF MY OWN FAMILY. His novel, A HINT OF LIGHT, about a half-black, half-Korean boy orphaned to the streets of Seoul, was published in 2010 to 5-star reviews on Amazon. For more information, please visit his website: DavidMeth.com*

All programs are free and open to the public. Limited seating. Register online at [www.fairfieldpubliclibrary.org](http://www.fairfieldpubliclibrary.org), or call 203-256-3160.

**Main Library**

1080 Old Post Road  
Fairfield, CT 06824

**Fairfield Woods Branch**

1147 Fairfield Woods Road  
Fairfield, CT 06825

